# 2025 GENERAL MEMBERSHIP



The monthly general membership meeting of the Electric Boat Athletic Club was held on Thursday, May 1, 2025 by conference call and in person at the Waterford VFW.

Those unable to attend in person were invited to our Microsoft Teams meeting.

Jon Carr called the meeting to order at 7:00 PM

Moment of silence for all deceased EBAC members.

- ✤ <u>Secretary's Reports</u> April's report
  - Accept reported motion by Ronald Kadlecik; seconded by -- Dave Goodrich
  - No questions or corrections
  - All in favor / opposed? So carried. (gavel bangs)
- Financial Secretary's Report Pam has 2 months of Financial Secretary's reports to provide tonight.
  - Treasurer's Report Brandon McCool read the Treasurers report for the month of April 2025
    - Accept reported motion by Steve Karavolis; seconded by Brentt Smith Sr.
    - No questions or corrections
    - All in favor / opposed? So carried. (gavel bangs)
- <u>Communications</u> None noted

\*

Committee Reports

#### EBAC Running by Dave Goodrich Varsity Qualifying Months – March and April (FINAL WEEK)

Our varsity team competes in the Corporate Division of various races throughout the year. These include the New Haven Road Race and JP Morgan Corporate Chase in Boston. The team has placed 1st in many of these races. A perk of being on the varsity team includes paid race entry into the corporate races we compete in.

2025 Qualification process: Run a road race in March or April and submit the results to the club's commissioner (Dave Goodrich, <u>dgoodri1@gdeb.com</u>). The distance must be between a 5K and a marathon. The top 7 men and women, based on time, will be invited to join the varsity team (all times are converted to a 5K equivalent). If less than 7 women submit a time, then the remaining spots will go to the next fastest males. During the season, non-varsity runners are able to run in the corporate races at their own cost, and are eligible to challenge for varsity spots. Should they beat any runner or runners, they will take the spot of the highest runner they beat, and the lowest placing runner for that race will be removed from varsity.

Additionally, the Stamford Boys & Girls club 5k has a master's (40+) men and masters (40+) women's divisions, so if we have eligible runners please apply and mention you want to race there.

So far I have times from: Evaline Ouellette, Ellen McKinley, Kendra Miller, Danielle Chapman, Amanda Jenkins Setzer, Andrew LePage, Tucker Branson, Ricardo Rodriguez, Mitch Smolen, Matt Sweeney, Cody Ware, Sean McEnerney, Patrick Currier and Sean Du. If you haven't submitted a time and want to be considered for varsity, please send your time and race you want counted over.



# EBAC 5k Run & Plunge Fundraiser at Watch Hill RI

Join us for a 5k run and (optional) plunge at Watch Hill Rhode Island! This will take place Sunday, April 27, 2025 with check-in opening at 9:30AM and the run starting at 10AM. Enjoy a scenic run around a beautiful area and catch your breath after by the water! Register for \$10 by emailing <u>ebacservice@gmail.com</u> or texting 860-373-3164 "RUN", with all proceeds going to the United Way. Mark your calendars, and hope to see you there! See details on the flier at the link here: <u>Electric Boat Forum - EBAC 5k Run & Plunge Fundraiser at Watch Hill RI</u>

Sponsored by the EBAC Community Services Club.

## **Run to Home Base Fundraiser**

Our Annual RTHB Team is up and Running again (5KRun/Walk or a 9K that each end going to home plate to get your picture).

Anyone who signs up registration is waived, they get a team shirt and any swag they earn in the fundraising incentives.

Personal Fundraising Minimum Levels are set at the Early-Bird Sign-up Levels.

We, provided by the MDA, have a Chartered Bus to take anyone up and back from the Saturday July 26<sup>th</sup> Event at Fenway Park.

Leaves and returns L Lot in Groton.

Reach out to Jeff Carver for the sign-up guide.

## 2025 Army Ten Miler

## 2025 Army Ten-Miler: Call for Runners and Qualification Form

General Dynamics will again be a major sponsor and field four teams for this year's **Army Ten-Miler on Sunday**, **October 12.** Last year was GD's 10th year as a major sponsor and 8th time participating in the team competition. Our four teams placed 1st in the Corporate (Men's), 3rd in Open Women, and 1st and 2nd in Masters Mixed (Co-ed) divisions.

**GD Team Requirements:** A qualification form will be used to gauge interest in and consider competitive runners who would like to participate on a GD team. If you're selected, GD will cover your primary expenses for a 4-day weekend in Washington, D.C. to compete in this event.

We will include at least one runner from each GD business unit on one of the teams.

To be considered for one of our four GD Army Ten-Miler teams, you must be able to run faster than the following target times for a 10-mile race in these divisions:

• Corporate: 1 hour and 5 minutes

- Open Women: 1 hour and 25 minutes
- Masters Mixed: 1 hour and 10 minutes for men/1 hour and 35 minutes for women



Qualification deadline is Friday, May 2, 2025. We require verifiable performance in a race you have run between October 12, 2024 and April 30, 2025. The race result you submit doesn't have to be for a 10-mile race. It could be for a 10k, 10M, 20k, half marathon, or full marathon. The shortest racing distance you can use as a qualifying time is 10k. The results you submit for your qualifying race must have been on a USATF- (or host country equivalent) certified course. If you are unsure if your verifiable performance meets the 10-mile target time equivalents, please use the following running calculator to convert your time: V.O2 Running Calculator (https://vdoto2.com/Calculator).

Call to Action: To be considered, please complete and submit the 2025 GD Army Ten-Miler Team Qualification Form and include a link to your race results in the field provided on the Qualification Form here: 2025 Army Ten-Miler: Call for GD Runners & Qualification Form Survey. Given the large number of applicants each year, please note that if your submitted form does not meet the equivalent time and verifiable performance requirements above, your submission will not be considered. Our official GD teams will be announced by Monday, May 19.

# EBAC Corporate Races for 2025

Currently planned races this year, feel free to reach out with any other suggestions.

- Stamford Boys & Girls Club Corporate 5K: Thursday, May 15th 2025
- JP Morgan Corporate Challenge Boston (3.5 miles): Wednesday, June 18th 2025
- New Haven Road Race (Half Marathon, 20K, 5K): Monday, September 1st 2025 (Labor Day)
- Providence Downtown 5K: Sunday, September 14th 2025
- EBAC Fall Challenge (4.75 miles): Sat. November 8, 2025

#### EBAC Ski and Snowboard Club Report for EBAC General Membership Meeting 5/1/2025

The EBAC Ski and Snowboard club held our end of season banquet Friday April 25 at Langley's at the Waterford country club. About 50 members attended the event, which included dinner and raffle prizes.

The club has started planning trips for the 2025/2026 ski season. We are currently in the process of putting down a deposit for a week-long trip to Banff / Lake Louise, Alberta Canada. That trip will be from January 31 – February 7 2026. We expect have final details posted to our website in the coming weeks, at which time we will open the trip for sign-up. We will be holding space for 30 people and reservations will be allocated on the basis of when deposit payment is received. If you have questions about this trip please contact Andy Stoddard or Bryce Knight. Monthly club meetings for the 2025/2026 season will start in September and will be held on the third Thursday of each month, September through February.

#### **EBAC Retiree Golf by Pat Larkin**

The retiree golf league kicks off meeting was held Friday April 25 in the Par Four Restaurant. The league currently has 18two man teams and another 24 players on the substitute list. Anyone wishing to join the league as a substitute can email the commissioner at <u>plark90@gmail.com</u>. League play this year will be on Wednesday mornings beginning at 8;30 AM starting on May 21<sup>st</sup> and running through the middle of September.



## **EBAC Hiking Club Report by Christine Elliott**

EBAC Hiking Club held our Season Opening Hike and Meeting on April 13<sup>th</sup>. During this meeting we discussed many of the trips and events the club is looking at doing this year. These events include:

- Regular Friday Night Hikes
- Regular Local Weekend Day Hikes
- Beginner Backpacking Class to be held as soon as the overnight temps are solidly above 50 degrees
- Club Gear Swap/Sale to be held shortly after the backpacking class
- Several Beginner Backpacking trips in CT and VT
- Several Intermediate and Advanced Backpacking Trips in VT, NH, ME, & MA
- Two trips to Acadia, ME Mid-Summer and Early Fall
- Trip to NY Adirondacks Similar to Acadia Trips
- SOLO Wilderness First Aid Course in Late Summer
- Nature Walks

Hiking club has also been creating a contact list of MDA personal emails in the event of a strike by the Union.

Of course, the club will also be hosting numerous game nights, all of which are viewable on the EBAC club webpage, or if you're a member you've already received direct invites as well as our newsletter with additional club updates! If there are any comments, questions, or if anyone is looking to join the club, please e-mail us at <a href="mailto:ebac\_tgc@gdeb.com">cbac\_tgc@gdeb.com</a>.

#### EBAC Disc Golf league by Aaron Logue

This report was submitted but we forgot to read at the meeting.

The EBAC Disc Golf League is about halfway through the Spring season, and things are going great! So far we've averaged 43 players participating per week out of our 52 unique participants, and have played just over 300 rounds between the first 7 weeks of our Spring season.

The league is currently voting on which courses will be selected for our 3-week playoff period, which will start on June 11th. We're still happy to have new members for the remainder of the season, so if anyone knows anybody interested, point them our way!

#### EBAC Archery Club Report by David Hatlee

This report was submitted but we forgot to read at the meeting.

The archery club has been meeting at Pachaug Outdoor Club (POC), Wednesday nights from about 630 pm till 830 pm. We have had a mixed bag this year some weeks we have 1 or two folks show up, well others we see faces that we have not seen in months, in same cases years. We are maintaining the EBAC owned bows and continue to use them as needed for new folks. The EBAC archery club has joined with POC archery committee to host open shoot year round. This year we removed the cost to be a member of EBAC archery club due to the range fee's charged by POC. We are shooting out doors till September or so (based on weather) then will move back in doors again (or as needed for weather).



- Leagues our indoor league finished up our 12 week (8 scores turned in) strong all shooters turned in 10 scores so we dropped the 2 lowest.
- Field league for the summer we are looking at a Dart league on the field range (with bows....) it should be fun...
- 3-D League due to lack of people shooting it I will not be hosting it this year but I have 3-d books if people want them.
- Other news POC is hosting the state IBO archery shoot this weekend from 0700 till 1500 Saturday and Sunday.
  - Please check the weather before heading up and call or text me if you have any concerns.
  - <u>Event fee's</u>

Open shoot range fee is \$10 (\$5 for POC members) 3-D shoots range fee is \$15 (\$10 for POC members) Club we are shooting at POC (<u>Pachaug Outdoor Club</u>) is located at 178 Banjo Sullivan Rd, Griswold CT. 06351

Jon will put together an email to list Groton involvement. Submit to Alex Wormas.

- ✤ <u>Old Business</u>
  - EBAC Budget Request: Jon reported that he had a good conversation with our HR liaison Tracy Nixon-Moore and that it was identified that the company contributions for all resource groups have still not been released. Jon further noted that the chief of finance responsible for those disbursements is heavily involved in the MDA negotiations and that further delay appears likely. Jon also informed Tracy that the EBAC financial situation was not dire and that for this year an EB contribution similar to last year's 80K vice the 90+K asked for this year would be sufficient.
  - GD Corporate Hockey Tournament: Jon reported that while the GD corporate tournament for this year was cancelled as stated at the April general membership meeting, that the Varsity Hockey team and Club Hockey group are currently working with 2 other GD divisions in Massachusetts to have a domestic tournament at the Norwich Rose Garden in early August, noting that things are still coming together and that more will be reported in the upcoming general membership meetings.
- New Business
  - None reported.

# ✤ Good of the Club

- Hiking club has also been creating a contact list of MDA personal emails in the event of a strike by the Union. Other commissioners may wish to do the same.
- 2024 EBAC Athlete of the Year & Hall of Fame Nominations closed 4-2 Collected and sent off to committee for review. Banquet planned for June 10th

Dorothy Bliven Award	Sport(s)			
Mills, Nadene	Interdepartmental Softball			
Walter J. Harvey Award	Sport(s)			
Lawrence, Ian	Softball & Hockey			
O. P. Robinson Award	Sport(s)			
Aven, Matthew	Varsity Ski			



Liz Bove Award	The Liz Bove Award is presented to active EBAC Officers, Executive Board Members, Commissioners or Managers who have dedicated 20 continuous years of service to the Club.					
Long, Michael	Meritorious					
President's Award	The President's Award is presented, as determined by the EBAC President, in recognition of extraordinary work in support of an EBAC program.					
McCool, Brandon	Meritorious					
Frank N. Kelly Award	Awarded annually to an individual who has contributed outstanding work in promoting and accomplishing the Club's programs.					
none						
Hall of Fame	Category: Sport or Meritorious Service					
Green, Christina	Sport (Bowling)					
Hedding, Way	Sport (Running & Hockey)					
Laurie, Robert	Sport (A-Div. Floor Hockey & Softball, Div. 1 Golf & B-Div. Volleyball)					
Smith Sr, Brentt	Sport (Bowling)					

- Board of Directors Vest: Jon stated that the wearing of vest at general membership meetings are suspended until the fall. Jon also stated that board members should consider wearing their vest outside of meetings, e.g., while attending functions, where appropriate and temperatures are cooler to promote the good of the club.
- Appointed Matt Knowles commissioner of racquet ball
- Maxine Cote is in the process of taking over the position of excursions club commissioner. We have had a couple of meetings and I have provided Maxine with a bunch of background info. I did tell her that she can have all the support she wants based on what she envisions for the club
- Eyes out for EBAC-EBMA events:
  - Lake Compounce with lunch, Saturday June 21st, 2025. Here is the link: https://ebma.us/wp-content/uploads/2025/04/06-21-25-EBMA-Annual-Lake-Compounce-Family-Outing.pdf. Ticket sales end June 13th, 2025 or when sold out. We have 300 tickets and they will give us more if needed. We usually sell between 350-500 tickets to this event each year. Click on link and loo at bottom of flyer for who to contact for ticket sales.
  - I have enough interest in 6-Flags to go ahead and see what kind of package we can get. More information coming soon.
- <u>Roll Call</u> Regular monthly meeting A quorum shall consist of at least five members of the Board of Directors, of which at least two must be officer. A quorum was reached

OFFICERS					
PRESIDENT	JON CARR	Present			
VICE PRESIDENT	CHRISTINE ELLIOT	Present			
SECRETARY	ANITA KAISER	Present			
TREASURER	BRANDON MCCOOL	Present			



FINANCIAL SECRETARY PAM GONSKI Absent							
BOARD of DIRECTORS							
CHRIS GREEN	Present	BRENTT SMITH SR		Present			
STEVE KARAVOLIS	Present	GREG KING		Absent (ump?)			
MATTHEW CASEY	Present	ANTHONY MIKELONIS		On leave			
MATTHEW AVEN	Absent	ANDREW CROUCH		Absent			
BRYCE KNIGHT	Present	DAVID GOODRICH		Present			
MILES WHITFORD	Present	TAYLOR ALLEN		Present			
RETIRED							
JUDI PAGE */#		HARRY MARTINEZ */#		Present			
(*) Past President / (#) (Retired)		LYNN GAUL *					

Motion to adjourn @ -- 7:42 PM There was a motion to adjourn by – Steve Karavolis, seconded by – Harry Martinez So carried. (gavel bangs)

Minutes submitted by Anita Kaiser